Why study Physical Education at Maryville College?

If you consider yourself physically active and healthy and enjoy working with others to educate them on the benefits of being physically active, you will enjoy a career in health/wellness. Students majoring in physical education at Maryville College receive a broad foundation in health, wellness and administration, which allows them to pursue careers in a variety of areas such as personal training, strength and conditioning, coaching or sports information. Many careers require graduate study; however, several entry-level positions are available while you pursue further education.

The major in physical education/health for K-12 teacher licensure allows you to become certified to teach health, physical education and wellness in kindergarten through 12th grade. Emphasis is placed on whole-person education and the role you can play in assisting students to make proactive choices to improve physically, cognitively, socially and emotionally. You will learn about the human body, nutrition, risk behaviors and the relationships between physical activity, academics, longevity and lifetime wellness.

**PROGRAMS OF STUDY:**
- B.A. in Physical Education
- B.A. in Physical Education/Health for Teacher Licensure (K-12)
- Minor in Physical Education

**MEET A STUDENT**

**Eric Hart ‘19**
Hometown: Gatlinburg, Tenn.

Eric would like to use the knowledge he has gained from being a scholar-athlete to influence children’s lives in a classroom setting. As a four-year member of the Scots Baseball Team, Eric plays behind the plate as a catcher and is a key left-handed hitter.

“I chose physical education with teacher licensure because I want children to realize that there is much more to sports than winning and losing,” he said. “I believe sports can help individuals build a strong work ethic and learn how to work and communicate with others. Those skills will help them outside of the classroom setting.”

**MEET A GRADUATE**

**Makayla May Dudley ‘16**
Currently: Coordinated School Health Specialist and Health Teacher at Carter Middle School in Knoxville, Tenn.

In her current role at Carter Middle School, Makayla is able to pursue a lifelong goal to promote healthy lifestyles among young people. The former Maryville College cross-country athlete also shares her love of being active with her students in additional roles as the head cross-country coach and assistant basketball coach.

“Maryville College taught me that being a teacher is way more than a lesson focused on my content,” she said. “Being a teacher means building relationships with students and finding ways to push them to their full potential. No matter what you teach, there is a shared goal to prepare students for their future.”