

# Exercise Science/ Pre-Physical Therapy

DIVISION OF  
HEALTH SCIENCES  
& OUTDOOR  
STUDIES

## PROGRAMS OF STUDY:



B.S. in Exercise Science  
B.S. in Biochemistry  
B.S. in Biology  
B.S. in Neuroscience

## EXTERNAL RELATIONSHIPS

- Blount Memorial Hospital
- Covenant Health
- Foothills Physical Therapy
- Results Physiotherapy
- University of Tennessee Student Health

## GRADUATE SCHOOL PLACEMENTS

Baylor University  
Columbia University  
East Tennessee State University  
University of Alabama-Birmingham  
University of Tennessee-Chattanooga  
University of Tennessee-Knoxville  
Western Carolina University

## ON-CAMPUS OPPORTUNITIES

Students who are interested in gaining valuable experience in sports medicine are encouraged to apply for the **student athletic trainer program** and work in the MC Training Room. Unlike programs at larger colleges and universities, our students work with each varsity sport and help with student-athletes' rehabilitation and injury prevention. Graduates of our program have gone on to successful careers in athletic training, physical therapy and various other areas of health care.

Maryville College believes in the evidence linking fitness, sustainability, happiness and high academic performance – so much so that the College trademarked the term “**Fit. Green. Happy.**” to describe the on-campus initiative that provides strong connections between the Mountain Challenge outdoor adventure program, academic departments, courses and the College's location.



MARYVILLE  
COLLEGE  
IN THE GREAT SMOKY MOUNTAINS

## Why study Exercise Science at Maryville College?

If you wish to pursue a health and/or fitness career and further your education at the graduate level, Maryville College's major in Exercise Science will provide you with a challenging curriculum that teaches you the immediate and long-term effects of physical activity on the body. Through internships and class activities, this major provides hands-on experience in the health/fitness industry tied to core academic preparation in the science of exercise and health. The American College of Sports Medicine, through its Exercise is Medicine on Campus® initiative, has ranked our program at the gold level.

Exercise Science provides a solid foundation to prepare you for a variety of careers, such as physical therapy, athletic training, occupational therapy and exercise physiology. Many careers require graduate study; however, several entry-level positions are available while you pursue further education.

## MEET A CURRENT SCOT



### Audrey Sanders

Franklin, Tenn.

Originally attracted to Maryville for its athletic programs, Audrey quickly realized that the College had much more to offer being near the mountains, as well as offering a close-knit community and culture that have given her a chance to grow as an individual.

“I enjoy Exercise Science because it combines the knowledge of science with the holistic approaches to public health,” she said, adding that the major provides in-depth learning about “the human body and how it responds to movement, exercise, and activities of daily living.” She plans to eventually earn a master's degree in business or healthcare and work in a public health or rehabilitative setting.

## MEET A RECENT GRAD



### Robin Bannow '23

Currently: Pursuing Doctor of Physical Therapy at Hanover College in Hanover, Indiana

Robin came to MC knowing she wanted a career in the medical field and that she wanted to work with children. The Exercise Science major stood out as a way to explore a variety of career opportunities incorporating both of Robin's interests.

Currently enrolled in an accelerated program for a DPT, Robin credits MC for preparing her for graduate school. “I received a variety of hands-on experiences using tools that I am now using in my graduate classes. I also benefitted from the strong foundation I got from the advanced science classes. Not only did I learn information that I am applying in my graduate studies, but it taught me how to study and tackle difficult information.”

## FOR MORE INFORMATION:

visit [maryvillecollege.edu/exercise-science](http://maryvillecollege.edu/exercise-science) or call 865.981.8092