

Exercise Science/ Pre-Physical Therapy

DIVISION OF
HEALTH SCIENCES
& OUTDOOR
STUDIES

PROGRAMS OF STUDY:

- B.S. in Exercise Science
- B.S. in Biochemistry
- B.S. in Biology
- B.S. in Neuroscience

EXTERNAL RELATIONSHIPS

- Blount Memorial Hospital
- Clover Hill Senior Living
- Covenant Health
- Foothills Physical Therapy
- Results Physiotherapy
- University of Tennessee Student Health

GRADUATE SCHOOL PLACEMENTS

- Baylor University
- Columbia University
- East Tennessee State University
- University of Alabama-Birmingham
- University of Tennessee-Chattanooga
- University of Tennessee-Knoxville
- Western Carolina University

ON-CAMPUS OPPORTUNITIES

Students who are interested in gaining valuable experience in sports medicine are encouraged to apply for the **student athletic trainer program** and work in the MC Training Room. Unlike programs at larger colleges and universities, our students work with each varsity sport and help with student-athletes' rehabilitation and injury prevention. Graduates of our program have gone on to successful careers in athletic training, physical therapy and various other areas of health care.

Maryville College believes in the evidence linking fitness, sustainability, happiness and high academic performance – so much so that the College trademarked the term “**Fit. Green. Happy.**” to describe the on-campus initiative that provides strong connections between the Mountain Challenge outdoor adventure program, academic departments, courses and the College's location.



MARYVILLE
COLLEGE
IN THE GREAT SMOKY MOUNTAINS

Why study Exercise Science at Maryville College?

If you wish to pursue a health and/or fitness career and further your education at the graduate level, Maryville College's major in Exercise Science will provide you with a challenging curriculum that teaches you the immediate and long-term effects of physical activity on the body. Through internships and class activities, this major provides hands-on experience in the health/fitness industry tied to core academic preparation in the science of exercise and health. The American College of Sports Medicine, through its Exercise is Medicine on Campus® initiative, has ranked our program at the gold level.

Exercise Science provides a solid foundation to prepare you for a variety of careers, such as physical therapy, athletic training, occupational therapy and exercise physiology. Many careers require graduate study; however, several entry-level positions are available while you pursue further education.

MEET A CURRENT SCOT



Robin Bannow

Hometown: Knoxville, Tenn.

A member of the Maryville College Equestrian Team as well as a McGill Fellow, Robin selected Exercise Science in the beginning as a springboard to a career in the medical field. She knew she wanted to help people, but she was uncertain of which calling to pursue, until she discovered the combination of health and mechanics on which exercise science focuses.

“I wasn't sure in what capacity, but the variety of classes I took and experience I gained helped me to discern that I want to become a prosthetist,” she said. “I am so excited to be able to combine engineering with the human body to be able to help people increase and improve their mobility through prosthetics. I think Maryville College has given me the tools I will need to succeed in a constantly growing and changing field.”

MEET A RECENT GRAD



Lindsey Lewallen '21

Currently: Pursuing an O.T.D. at the Medical University of South Carolina

Lindsey was inspired to pursue a doctorate in Occupational Therapy at her “dream graduate school” in Charleston, S.C., by MC professors who saw potential in their student and pushed her to excel. While at MC, Lindsey completed an exemplary Senior Study that aimed to determine if occupational therapy could be used to reduce food insecurity in older adults with functional impairments.

“I was fortunate enough to be accepted into all eight schools I applied to and even a top-10 program in the nation, and I am certain my Senior Study had a large impact on this success,” she said. “I had the most amazing four years at Maryville College and will always say attending Maryville College was the best decision I ever made.”

FOR MORE INFORMATION:

visit maryvillecollege.edu/exercise-science or call 865.981.8092