

Physical Education

DIVISION OF
HEALTH SCIENCES
& OUTDOOR
STUDIES

PROGRAMS OF STUDY:

- B.A. in Physical Education/Health for Teacher Licensure (K-12)
- Minor in Health and Wellness Promotion
- Minor in Outdoor Studies and Tourism

EXTERNAL RELATIONSHIPS

- Boys & Girls Club
- Maryville-Alcoa-Blount County Parks and Recreation
- Mountain Challenge
- Special Olympics

RECENT EMPLOYERS

- Alcoa City Schools
- Blount County School System
- Blount Memorial Hospital Total Rehab
- Blount Memorial Hospital Springbrook
- Blount Memorial Hospital
- Maryville City Schools
- National Fitness Center

GRADUATE SCHOOL PLACEMENTS

- Belmont University
- Colorado State University
- East Tennessee State University
- Lincoln Memorial University
- Tennessee Technological University

ON-CAMPUS OPPORTUNITIES

Maryville College believes in the evidence linking fitness, sustainability, happiness and high academic performance – so much so that the College trademarked the term “Fit. Green. Happy.®” to describe the on-campus initiative that provides strong connections between the Mountain Challenge outdoor adventure program, academic departments, courses and the College’s location.



MARYVILLE
COLLEGE
IN THE GREAT SMOKY MOUNTAINS

Why study Physical Education at Maryville College?

If you consider yourself physically active and healthy and enjoy working with others to educate them on the benefits of being physically active, you will enjoy a career in health/wellness. Students majoring in Physical Education at Maryville College receive a broad foundation in health, wellness and administration, which allows them to pursue careers in a variety of areas such as personal training, strength and conditioning, coaching or sports information. Many careers require graduate study; however, several entry-level positions are available while you pursue further education.

The major in Physical Education/Health for K-12 Teacher Licensure allows you to become certified to teach health, physical education and wellness in kindergarten through 12th grade. Emphasis is placed on whole-person education and the role you can play in assisting students to make proactive choices to improve physically, cognitively, socially and emotionally. You will learn about the human body, nutrition, risk behaviors and the relationships between physical activity, academics, longevity and lifetime wellness.

MEET A RECENT GRAD

Luke Johnson '24



Currently: Physical Education teacher, Tommy F. Brown Academy in Chattanooga, Tennessee

Luke said he graduated from MC feeling ready and prepared to begin his career as an educator. Every day, he uses the combination of hands-on experiences and college-classroom learning to plan his lessons, manage student behaviors and improve his personal teaching style.

He wants prospective students to know that “MC is academically challenging in the best way” and instills “a sense of accomplishment when you overcome difficulties.” Luke also notes that MC’s staff and faculty were intrinsic to his growth as a student and person. He plans on growing his skills as an educator through professional development opportunities and pursuing a master’s degree.

MEET A RECENT GRAD

Tyler Bost '24



Currently: Strength and Conditioning Coach at D1 Training in Knoxville, Tennessee

When Tyler enrolled at MC, he planned to major in Business. However, as a member of the football team, he developed a passion for fitness and athletics. “That experience inspired me to pursue a path where I could help other athletes improve through strength and speed training, just like I had,” he said.

In his position at D1, Tyler works with athletes from children to professionals. He plans to continue his coaching career while also working toward a master’s degree in strength and conditioning. “From exercise science classes where I learned about energy systems and biomechanics, to education courses that taught me how to lead a group and communicate effectively—every class at Maryville College played a role in preparing me,” he said.

FOR MORE INFORMATION:

visit maryvillecollege.edu/physed or call 865.981.8092