

Fall Schedule for Health & Wellness Majors

Add the following courses to your schedule:

1. **FYS110** First Year Seminar (all students must take this)
2. **ENG108 or ENG110** First semester writing course (based on placement)
3. **MTH105** Fundamentals of Math (only if required by math placement)
4. **PHR101** Human Health & Wellness
5. Foreign Language (**FRN110, JPN110, GER110, ITA110, LAT110, SPN110**)

Students who place out of #2 or #3 may choose an additional course from the following to reach a minimum of 15 hours:

ART140	Perspectives in Art
HIS149	Historical Reasoning Special Topics
MTH110	Quantitative Literacy
MUS140	Perspectives in Music
REL130	Hebrew Bible World and Culture
REL140	New Testament World and Culture
THT140	Perspectives in Theatre